

Questions?



Email: contactus@couleecap.org
Website: www.couleecap.org
Phone: 1-866-904-4508

Last Updated 10/23/2023

Counties Served: Crawford
La Crosse, Monroe, & Vernon

Homeless Assistance



Couleecap homeless programs provide assistance to currently homeless individuals and households. To learn more and see if you qualify:

All Counties: Megan Gruber, Megan.Gruber@couleecap.org or 608-424-8876

Homeless Prevention



Funds for this program are provided by the State of Wisconsin Bureau of Supportive Housing, and types of assistance vary by county. To learn more and see if you qualify:

Crawford County: Andrew Storey, Andrew.Storey@couleecap.org or 608-455-6159
Motel vouchers, security deposit, first month's rent, and eviction prevention assistance

Monroe County: Andrew Storey, Andrew.Storey@couleecap.org or 608-455-6159
Motel vouchers, security deposit, and first month's rent

Vernon County: Andrew Storey, Andrew.Storey@couleecap.org or 608-455-6159
Motel vouchers, security deposit, first month's rent, and eviction prevention assistance

Social Security Outreach, Access, and Recovery



Couleecap provides assistance in applying and navigating the application process for Social Security Disability benefits. Eligible persons are individuals who are homeless and have a diagnosed mental illness.

La Crosse County: Tina Tryggestad, Tina.Tryggestad@couleecap.org or 608-796-2725

Rental Properties Crawford County



Kickapoo Ridge/Crooked River Townhomes – 2 and 3 bedroom townhomes in Gays Mills for low-income and market-rate households.

Contact: Allison DePoole, Allison.DePoole@couleecap.org or 608-632-6122

Rental Properties La Crosse County



8th Street Apartments – 2 bedroom apartments in City of La Crosse for low-income households.

Contact: Allison DePoole, Allison.DePoole@couleecap.org or 608-632-6122

Rockland Duplexes – 3 bedroom duplexes in Rockland for low-income households.

Contact: Allison DePoole, Allison.DePoole@couleecap.org or 608-632-6122

Units in City of La Crosse – 1 and 2 bedroom apartments in City of La Crosse for low-income households.

Contact: Allison DePoole, Allison.DePoole@couleecap.org or 608-632-6122

Rental Properties Vernon County



Hillcrest Manor Apartments – 1 bedroom apartments in Ontario for low-income, elderly households.

Contact: Horizon Management Group, Inc., apartments@hmgapt.com or 608-337-4735

Oak Street – 2 bedroom units in Viroqua for low-income households.

Contact: Allison DePoole, Allison.DePoole@couleecap.org or 608-632-6122

Energy Efficiency



Weatherization Program

If you qualify for Energy Assistance through your county you may qualify for the Weatherization Assistance Program. The program helps individuals or families improve the energy efficiency of their residences. Weatherization can be done for homeowners or renters. Common services include insulating attics and sidewalls, air-sealing the structure, furnace inspections, and energy conservation measures such as lighting and refrigerator replacement. Work is done at no cost for qualifying households.

All Counties: Lucas Gilman, Lucas.Gilman@couleecap.org or 608-352-9717

Wisconsin Help for Homeowners Program



Wisconsin Help for Homeowners (WHH) program offers financial assistance to eligible homeowners who have fallen behind on their mortgage or other housing-related costs due to financial hardship caused by the Covid-19 pandemic. **Applications will be accepted until program funds are expended.**

All Counties: More information and the application can be found at couleecap.org/help-for-homeowners.html
If you have any additional questions or need help completing the application, please contact Couleecap at 1-844-260-7709.

Homeownership



Homebuyer Counseling

Provides homebuyer counseling to individuals planning to purchase a home. No income restrictions. Couleecap is a HUD certified counseling agency. Fees may apply depending on income.

All Counties: Contact homeownership@couleecap.org or 608-769-2315

Homeownership Programs

Helps income-eligible homebuyers purchase their first home, with down payment and closing cost assistance available.

All Counties: Contact homeownership@couleecap.org or 608-769-5756

Home Rehabilitation



Helps low and moderate income homeowners rehabilitate their home.

All Counties: Contact homerepairs@couleecap.org or 608-796-9062

Business Start-up & Development



Job & Business Development

Technical assistance to business start-ups and entrepreneurs. Help is available for developing business plans.

All Counties: Alex Rodriguez, Alex.Rodriguez@couleecap.org or 608-304-7978

Crystal Noble, Crystal.Noble@couleecap.org or 608-461-9675

Employment & Training



Skills Enhancement Program

Increases family earned income and benefits by assisting with the training needs of low-income workers. Provides support and financial assistance for tuition, childcare, and transportation expenses related to returning to school.

All Counties: Jody Jack-Tranberg, Jody.Jack-Tranberg@couleecap.org or 608-447-0507

Med Skillz



Med Skillz Program

Provides financial assistance to individuals completing their degree in the medical field. Med Skillz provides financial assistance that pays towards tuition, books, class fees, uniform or equipment costs, child care, and transportation expenses related to returning to school.

All Counties: Jody Jack-Tranberg, Jody.Jack-Tranberg@couleecap.org or 608-447-0507

Transportation



Work-N-Wheels Program

Provides zero interest auto loans and repair loans to qualified low-income households. Participants must be currently employed and need a personal vehicle to get to and from their place of employment. Participants must agree to participate in Wisconsin Rideshare when possible.

All Counties: Crystal Noble, Crystal.Noble@couleecap.org or 608-461-9675

Food and Clothing



Emergency Food Pantry

Provides food to residents with an emergency need and who qualify within income guidelines.

Crawford County: Jann Sturmer, Jann.Sturmer@couleecap.org or 608-326-2463

Monroe County (Sparta and Norwalk): Theresa Rogalla, Theresa.Rogalla@couleecap.org or 608-424-4187

Bargain Boutique – Thrift store in Prairie du Chien that allows individuals to buy quality and affordable donated items. Items provided in an emergency situation.

Crawford County: Jann Sturmer, Jann.Sturmer@couleecap.org or 608-326-2463

Couleecap is an equal opportunity employer and service provider.

Auxiliary aids and services are available upon request.

Couleecap is a United Way member agency.

