

## Questions?



Email: [contactus@couleecap.org](mailto:contactus@couleecap.org)  
Website: [www.couleecap.org](http://www.couleecap.org)  
Phone: 1-866-904-4508

Last Updated 11/10/2021

**Counties Served:** Crawford  
La Crosse, Monroe, & Vernon

## Homeless Assistance



Couleecap homeless programs provide assistance to currently homeless individuals and households. To learn more and see if you qualify:

**All Counties:** Abigail Jeffers, [Abigail.Jeffers@couleecap.org](mailto:Abigail.Jeffers@couleecap.org) or 608-782-4876

## Homeless Prevention



Funds for this program are provided by the State of Wisconsin Bureau of Supportive Housing, and types of assistance vary by county. To learn more and see if you qualify:

**Crawford County:** Theresa Rogalla, [Theresa.Rogalla@couleecap.org](mailto:Theresa.Rogalla@couleecap.org) or 608-424-4187  
Motel vouchers, security deposit, first month's rent, and eviction prevention assistance

**Monroe County:** Theresa Rogalla, [Theresa.Rogalla@couleecap.org](mailto:Theresa.Rogalla@couleecap.org) or 608-424-4187  
Motel vouchers, security deposit, and first month's rent

**Vernon County:** Theresa Rogalla, [Theresa.Rogalla@couleecap.org](mailto:Theresa.Rogalla@couleecap.org) or 608-424-4187  
Motel vouchers, security deposit, first month's rent, and eviction prevention assistance

**La Crosse County:** Tina Tryggestad, [Tina.Tryggestad@couleecap.org](mailto:Tina.Tryggestad@couleecap.org) or 608-796-2725  
Eviction prevention assistance

## Social Security Outreach, Access, and Recovery



Couleecap provides assistance in applying and navigating the application process for Social Security Disability benefits. Eligible persons are individuals who are homeless and have a diagnosed mental illness.

**La Crosse County:** Tina Tryggestad, [Tina.Tryggestad@couleecap.org](mailto:Tina.Tryggestad@couleecap.org) or 608-796-2725

## Rental Properties Crawford County



**Kickapoo Ridge/Crooked River Townhomes** – 2 and 3 bedroom townhomes in Gays Mills for low-income and market-rate households.

Contact Brianna Rizzo, [Brianna.Rizzo@couleecap.org](mailto:Brianna.Rizzo@couleecap.org) or 608-632-6122

## Rental Properties La Crosse County



**8<sup>th</sup> Street Apartments** – 2 bedroom apartments in City of La Crosse for low-income households.

Contact Brianna Rizzo, [Brianna.Rizzo@couleecap.org](mailto:Brianna.Rizzo@couleecap.org) or 608-632-6122

**Rockland Duplexes** – 3 bedroom duplexes in Rockland for low-income households.

Contact Brianna Rizzo, [Brianna.Rizzo@couleecap.org](mailto:Brianna.Rizzo@couleecap.org) or 608-632-6122

## Rental Properties Vernon County



**Hillcrest Manor Apartments** – 1 bedroom apartments in Ontario for low-income, elderly households.

Contact Horizon Management Group, Inc., [apartments@hmgapt.com](mailto:apartments@hmgapt.com) or 608-337-4735

**Oak Street** – 2 bedroom units in Viroqua for low-income households.

Contact Brianna Rizzo, [Brianna.Rizzo@couleecap.org](mailto:Brianna.Rizzo@couleecap.org) or 608-632-6122

## Wisconsin Emergency Rental Assistance Program



Wisconsin Emergency Rental Assistance, or W.E.R.A. offers eligible households may receive up to 12 months of assistance to help with current and/or overdue bills.

**All Counties:** More information and the application can be found at [couleecap.org/rental-assistance-program.html](http://couleecap.org/rental-assistance-program.html) or call 844-267-0033.

## Energy Efficiency



### Weatherization Program

If you qualify for Energy Assistance through your county you may qualify for the Weatherization Assistance Program. The program helps individuals or families improve the energy efficiency of their residences. Weatherization can be done for homeowners or renters. Common services include insulating attics and sidewalls, air-sealing the structure, furnace inspections, and energy conservation measures such as lighting and refrigerator replacement. Work is done at no cost for qualifying households.

**All Counties:** Joleen Sorenson, [Joleen.Sorenson@couleecap.org](mailto:Joleen.Sorenson@couleecap.org) or 608-352-9717

## Homeownership



### Homebuyer Counseling

Provides homebuyer counseling to individuals planning to purchase a home. No income restrictions. Couleecap is a HUD certified counseling agency. Fees may apply depending on income.

**All Counties:** Contact Stephanie Roberts, [Stephanie.Roberts@couleecap.org](mailto:Stephanie.Roberts@couleecap.org) or 608-769-5756

### Homeownership Programs

Helps income-eligible homebuyers purchase their first home, with down payment and closing cost assistance available.

**All Counties:** Contact Stephanie Roberts, [Stephanie.Roberts@couleecap.org](mailto:Stephanie.Roberts@couleecap.org) or 608-769-5756

## Home Rehabilitation



Helps low and moderate income homeowners rehabilitate their home.

**All Counties:** Contact Migdalia Simpson, [Migdalia.Simpson@couleecap.org](mailto:Migdalia.Simpson@couleecap.org) or 608-796-9062

## Business Start-up & Development



### Job & Business Development

Technical assistance to business start-ups and entrepreneurs. Help is available for developing business plans.

**All Counties:** Amanda Warthesen, [Amanda.Warthesen@couleecap.org](mailto:Amanda.Warthesen@couleecap.org) or 608-782-5525

## Employment & Training



### Skills Enhancement Program

Increases family earned income and benefits by assisting with the training needs of low-income workers. Provides support and financial assistance for tuition, child care, and transportation expenses related to returning to school.

**All Counties:** Krista Heinz, [Krista.Heinz@couleecap.org](mailto:Krista.Heinz@couleecap.org) or 608-423-6624

## Transportation



### Work-N-Wheels Program

Provides zero interest auto loans and repair loans to qualified low-income households. Participants must be currently employed and need a personal vehicle to get to and from their place of employment. Participants must agree to participate in Wisconsin Rideshare when possible.

**All Counties:** Krista Heinz, [Krista.Heinz@couleecap.org](mailto:Krista.Heinz@couleecap.org) or 608-423-6624



### Emergency Food Pantry

Provides food to residents with an emergency need and who qualify within income guidelines.

**Crawford County:** Jann Sturmer, [Jann.Sturmer@couleecap.org](mailto:Jann.Sturmer@couleecap.org) or 608-326-2463

**Monroe County:** Theresa Rogalla, [Theresa.Rogalla@couleecap.org](mailto:Theresa.Rogalla@couleecap.org) or 608-424-4187

**Bargain Boutique** – Thrift store in Prairie du Chien that allows individuals to buy quality and affordable donated items. Items provided in an emergency situation.

**Crawford County:** Jann Sturmer, [Jann.Sturmer@couleecap.org](mailto:Jann.Sturmer@couleecap.org) or 608-326-2463

*Couleecap is an equal opportunity employer and service provider.*

*Auxiliary aids and services are available upon request.*

*Couleecap is a United Way member agency.*

