

# Couleecap, Inc. TEFAP Program

## MASTER LIST OF COULEECAP FOOD PANTRIES AND AFFILIATES

(Must have income less than 185% of Federal Poverty Income Guidelines)

Couleecap TEFAP Coordinator: **Theresa Rogalla (608) 424-4187**, E-mail: [theresa.rogalla@couleecap.org](mailto:theresa.rogalla@couleecap.org)

### CRAWFORD COUNTY

#### Couleecap Prairie du Chien Office

200 E. Blackhawk Street  
Prairie du Chien, WI 53821  
Contacts: Jann Sturmer  
Phone: (608) 326-2463 email: [jann.sturmer@couleecap.org](mailto:jann.sturmer@couleecap.org)  
Hours: Monday, Wednesday, and Friday / 10:00 am – 3:00 pm  
Area covered: Crawford County and area surrounding Prairie du Chien

#### Gays Mills Food Pantry

P.O. Box 111, 120 Sunset Ridge Rd. Ste. 122-in Mercantile Center (Physical Address)  
Gays Mills, WI 54631  
Contact: Kent & Rena Salmon  
Phone: (608) 606-1269 email: [krsalmon62@gmail.com](mailto:krsalmon62@gmail.com)  
Hours: 1<sup>st</sup> Sat of the month 9:00am-10:00am, 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> Wednesday of the month 2:00pm-4:00pm  
Area covered: Crawford County and area surrounding Gays Mills

### LA CROSSE COUNTY

#### Salvation Army\*

223 N. 8<sup>th</sup> Street  
P.O. Box 1152  
La Crosse, WI 54602  
Contact: Doug Fortner/Doreen Kuschel/Major Debra Richardson email: [doug.fortner@usc.salvationarmy.org](mailto:doug.fortner@usc.salvationarmy.org)  
Phone: (608) 782-6126 [doreen.kuschel@usc.salvationarmy.org](mailto:doreen.kuschel@usc.salvationarmy.org)  
Fax: (608) 782-7377 [debra.richardson@usc.salvationarmy.org](mailto:debra.richardson@usc.salvationarmy.org)  
Hours: Monday – Thursday / 1:00 pm – 3:00 pm  
Area covered: La Crosse and surrounding area  
*\* Also a Meal Site and a Shelter*

#### Hunger Task Force

Shelly Fortner  
Executive Director  
The Hunger Task Force of La Crosse  
1240 Clinton Street  
La Crosse, WI 54603  
608-793-1002

#### River of Life Food Pantry

1214 Cty Rd PH  
Onalaska, WI 54660  
Contact: Gary Harris email: (Gary) [garryvharris48@gmail.com](mailto:garryvharris48@gmail.com) and [rolcfoodpantry@gmail.com](mailto:rolcfoodpantry@gmail.com)  
Phone: (608) 782-2780 & [rolgoriver@gmail.com](mailto:rolgoriver@gmail.com) (church office)  
Hours: Thursday 10AM-2PM, Saturday 10AM-2PM  
Area covered: Onalaska & surrounding area

## LA CROSSE COUNTY, CONT.

### From the Heart Food Pantry

1010 Sill Rd

La Crosse, WI 54601

Contact: Gene Rochester

email: [dads4girlz@yahoo.com](mailto:dads4girlz@yahoo.com)

Phone: 608-780-0069

Contact: Scott Hendrickson

Phone: 608-769-4424

Contact: Karen Dieringer

email [kldieringer@gmail.com](mailto:kldieringer@gmail.com)

Phone: 608-780-1283 (pantry)

Hours: Monday 5:30pm-7pm; last Sat. of the month 10-1

Area covered: La Crosse County with focus on northside city of La Crosse

## MONROE COUNTY

### Couleecap Sparta Office

217 N. Black River St.

Sparta, WI 54656

Contact: Theresa Rogalla

email: [Theresa.Rogalla@couleecap.org](mailto:Theresa.Rogalla@couleecap.org)

Phone: 608-424-4187

Hours: Monday, Thursday, 10:00 am-2:00 pm,

Area covered: City of Sparta, Village of Norwalk, Leon, Melvina, Portland, Angelo and surrounding area.

### Cashton Cupboard and Closet

199 Front St. (Location)

P.O. Box 213 (Mail)

Cashton, WI 54619

Contact: Rose Eddy/ Virginia VonRuden

email: [wereddys25@gmail.com](mailto:wereddys25@gmail.com) (Rose)

Phone: (608) 654-5770 (Pantry)

[hvruden@mwt.net](mailto:hvruden@mwt.net) (Virginia)

[food4ourneighbors@gmail.com](mailto:food4ourneighbors@gmail.com) (pantry)

Hours: Monday-Friday 10:00am-4:00pm, Saturday 10:00am-1:00 pm

Area Covered: Monroe County areas of Village of Cashton, Cashton School District, Melvina, and St. Mary's Ridge, Norwalk, and Ontario.

### WAFER

403 Causeway Blvd.

La Crosse, WI 54603

Contact: Erin Waldhart/Brad Gerdes

email: [waferdirector@waferlacrosse.org](mailto:waferdirector@waferlacrosse.org)

Phone: (608) 782-6003

[operations@waferlacrosse.org](mailto:operations@waferlacrosse.org)

Fax: (608) 782-6006

Hours: Monday-Friday 10:00AM-12:45PM, Monday, Tuesday & Thursday 4:00 PM-7:45 PM,

Area covered: La Crosse and surrounding area

### Neighbor for Neighbor

1118 W. Veteran's Street

Tomah, WI 54660

Contact: Doug Staller/Dawn Pleuss

email: [nfnfoodpantry@centurytel.net](mailto:nfnfoodpantry@centurytel.net) (Doug)

Phone: (608) 372-6737

[manager@n4npantry.org](mailto:manager@n4npantry.org) (Dawn)

Hours: Monday- 1:00 pm – 3:30 pm, 2<sup>nd</sup> and 4<sup>th</sup> Wednesday - 3:30 pm – 6:00 pm, Thursday- 10:00am- 12:00pm

Area covered: City of Tomah, Tunnel City, Warrens, Wyeville, Valley Junction, Oakdale, Kendall and surrounding area.

## VERNON COUNTY

### **Living Faith Church**

209 Sands Rd.

Viroqua, WI 54665

Contact: Candace Toltzman

email: [lf.foodpantry@gmail.com](mailto:lf.foodpantry@gmail.com)

Phone: 608-542-0651

Pastor Dale Toltzman

Phone: 608-542-0581

Phone: (608) 637-7470 (Church)

(608) 637-7410 (Pantry)

Hours: Wednesdays 10:00 AM-4:00 PM

Area covered: Township of Webster, Viroqua, Franklin, Jefferson, Harmony, Kickapoo, Village of Readstown, Viola, and City of Viroqua.

### **Bethel Butikk**

P.O. Box 53 (Mail) 341 Black River Ave. (Location)

Westby, WI 54667

Contact:

email: [bethelbutikk@mwt.net](mailto:bethelbutikk@mwt.net)

Phone: (608) 634-3473 (Pantry)

Hours: Monday–Friday–10:00 am–4:00 pm Tuesday 10:00 am- 6:00 pm 1st Saturday of the month 9:00 am-12pm

Area covered: Township of Coon, Clinton, Hamburg, Liberty, Village of Coon Valley, Chaseburg, and City of Westby, Vernon County.

### **The Good Samaritan**

128 Mill St. (Location)

Box 389 (Mail)

Hillsboro, WI 54634

Contact: Thomas Hotek

email: [tjhotek@gmail.com](mailto:tjhotek@gmail.com) (Tom)

Phone: (608) 489-3594 (Thomas)

[hillsfch@gmail.com](mailto:hillsfch@gmail.com) (Church)

Hours: Thursdays 1:00pm- 4:00pm

Area covered: Township of Greenwood, Forest, Hillsboro, Stark, Whitestown, Union, Village of La Farge, Ontario, and City of Hillsboro.